



I'm interested in becoming a certified coach and am open to working with athletes of any competitive context. Can I enter directly in to the 'development' stream, or is it necessary to complete the 'coach' stream first? If I were to complete the 'development' stream, would I be restricted to coaching rep' level teams or would I still be eligible to coach house teams given the opportunity? Is there any portion of the clinics that can be completed online?

Sherbs: Yes, you can enter the Development 1 stream directly and there are no pre requirements to register. Coaching at any rep level Pee Wee to Midget requires each coach to obtain this level. It does not however make you eligible to coach Initiation and C teams (house).

In order to coach Initiation, Atom C, Pee Wee C, Bantam C, or Midget C the head coach must have the checking component as well as the Coach 2 Coach Level previously named Hybrid. For this clinic, there is an online component that you must complete prior to the clinic. This link will take you directly to the correct page.

<http://bchockey.net/Clinics/Clinics.aspx>

You will note the Hockey University section. You will not be able to register for the Coach 2 Coach Level clinic until you have completed the online component. Follow the instructions from that point. Once you complete the online component, you will then be able to register into a Coach 2 Coach Level clinic.

How does a coach from a small town ever get a chance to coach at a high level? Offered and it requires HP1 but to get this you need to be coaching Tier 1.

Sherbs: As the requirements for HP1 become into existence all bantam A team head coaches must have this certification. Assistant coaches will require the Developmental 1 level. If you are the head coach of a Bantam A team even if you are not AAA status you will be able to attend, complete, and obtain credit for the HP1.

For the opportunities to coach at a higher level applying for BC Hockey High Performance coach positions as assistant coaches, head coaches, volunteering at the U16, U17 camps as group leaders, on-ice leads, and on-ice assistants is a great way to see how the next level is, how much work goes into coaching at this level, and the evaluation process where you will learn a lot from the staff that is there. This will also get your name out in the hockey circle. If your town does not host these events travelling to one that is closest to you makes for a great weekend of hockey experience.

I've been trying to find information regarding starting from scratch to become a coach's assistant but I can't seem to find a straight answer. I've played hockey my whole life and have much respect for all my coaches throughout the years. Now at 25 I would love the opportunity to assist a coach of a team ideally around the Atom level. Helping him/her with practice and drills and anything else I could do to assist the coach and help the team. What sort of course do I need to take and what steps do I need to take to offer myself to a coach in the Victoria area? I know it's too late for this season but I want to make sure I get everything straight by the next year.

Sherbs: Coaching is one of the most rewarding ways to give back to the game and the community. The first step in becoming a coach is going to your local minor hockey association and meeting with the Coach Coordinator to discuss where your best fit is within their MHA. Once you have discussed and determined a good placement you can then sign up for the appropriate coaching course.

For rep/carded teams you should take the Development 1 course and for house/non-carded you should take the Coach 2 - Coach Level course. To prepare for next season, you can go to your local MHA and volunteer as an on-ice helper, this will give you some perspective on what to expect for next season. All coaches must have updated criminal record check (most associations cover the cost) and updated Respect in Sport (on line clinic).



To assist you, here is a list of MHA's in the Victoria area, with links:

- [Victoria Minor Hockey](#)
- [Victoria Raquet Club](#)
- [Saanich Minor Hockey](#)
- [Juan De Fuca Minor Hockey](#)

I'm helping with a pee wee house team and the coach wants me to help the goalie out. Do you have any good ideas for me? Or do you have any good resources you would recommend for me to read?

Sherbs: Goalies should always work on skating skills. The majority of goalies skating is done within the crease, so if you can incorporate crease skating drills for at least five (5) minutes that would be of benefit to the goalie. In addition, having him/her work on angling, Then push right and left, butterfly slide right and left, and multi directional changes. For shooting on the goalie have him direct the puck to certain place ie. left corner and then follow up with a post save movement tracking the puck to the left corner. Also, have him/ her start on one post, push and set facing the close faceoff dot, then butterfly slide over to the other dot where you are with the pucks and shoot. Be specific with where you are shooting to ensure that he/she must make an appropriate rebound control save. There is a goalie drill book available through the resource section of our website that would give you some drill ideas as well there are many websites that offer free goalie drills that you can search. Just be sure to keep them appropriate for the level you are coaching.

