



Cariboo Cougars Major Midget Hockey

www.caribooougars.ca



COUGARS

Thursday August 4th : Goalie pre-camp, if necessary (Goalies will be notified)

Goalie check-in: 5:15pm, Coliseum

7:15pm to 9:15: ice times

-Interviews/releases

Friday August 5th: Main camp – drills (Coliseum: 888 Dominion St. Prince George, BC)

Player check-in: 5:15pm, Coliseum (players will be assigned to their teams)

- **DRILLS:** 7:15pm to 8:15pm Team Red
- flood
- **DRILLS:** 8:25pm to 9:25pm Team Navy
- flood
- **DRILLS:** 9:35pm to 10:35pm Team Gold
- flood
- **DRILLS:** 10:45pm to 11:45pm Team White

Saturday August 6th: Main camp – games (Coliseum)

Re: fitness testing: Bring appropriate footwear & clothing. Rain or shine!

- **FITNESS TESTING:** 9:30am: Team Red & Team Gold (PGSS Soccer Field; Massey Dr., next to Massich Place Stadium & opposite the large baseball field)
- **GAME:** 10:00am to 11:30am: Team White vs. Team Navy
- Flood
- **FITNESS TESTING:** 12:30pm: Team White & Team Navy (PGSS Soccer Field; Massey Dr., next to Massich Place Stadium & opposite the large baseball field)
- **GAME:** 12:00pm to 1:30pm: Team Gold vs. Team Red
- **PLAYER/PARENT MEETING (Mandatory)** 2:45pm to 4:00pm: Kin 1 Arena Lobby; 2187 Ospika Blvd., next to CN Centre..
- **GAME:** 5:00pm to 6:30pm: Team White vs. Team Red
- Flood
- **GAME:** 7:00pm to 8:30pm: Team Navy vs. Team Gold

Sunday August 7th: Main camp – games (Coliseum)

Games

- 7:00am: All players report to rink for reassignment into new teams
- **GAME:** 8:00am to 9:30am: Team 1 vs. Team 2
- **GAME:** 11:00am – 12:30pm: Team 3 vs. Team 4
- Interviews/releases after games
- For all remaining players, mandatory player/parent meeting at 1:30pm

For remaining players, tryouts will resume...:

Exhibition Games: Labour Day weekend September 2 – 4 (interviews/releases after last ice time)

Practices begin Tuesday September 6th.

Exhibition Games: September 9 – 11 (interviews/final releases after last ice time)

...and for remaining players, full time schedule begins

Weekend Contact:

Manager: Andy Beesley 250-552-7087