



**U16/U18/FMAAA Open Camps**  
 Lake Cowichan Sports Arena, Lake Cowichan  
 April 26-28, 2019

<b>April 26, 2019</b>			
Start	End	Event	Teams
2:00PM	2:30PM	Registration – Arena Lobby	All players
2:30PM	3:00PM	Parent/Player Meeting – Curling Rink Lounge	All players and parents
3:30PM	4:45PM	Fitness Testing – Curling Rink	Group 1
4:45PM	6:00PM	Fitness Testing – Curling Rink	Group 2
6:00PM	7:15PM	On Ice Skill Session	Group 1
7:30PM	8:45PM	On Ice Skill Session	Group 2
<b>April 27, 2019</b>			
9:00AM	10:15AM	On Ice Skill Session	All Forwards
10:30AM	11:45AM	On Ice Skill Session	All Defence
3:00PM	4:00PM	Game #1	Team 1 vs. Team 3
4:15PM	5:15PM	Game #2	Team 2 vs. Team 1
5:30PM	6:30PM	Game #3	Team 3 vs. Team 2
<b>April 28, 2019</b>			
9:00AM	10:00AM	Game #4	Team 2 vs. Team 1
10:15AM	11:15AM	Game #5	Team 3 vs. Team 1
11:30AM	12:30PM	Game #6	Team 2 vs. Team 3

