



2017 MALE U16 REGIONAL CAMP

Langley Events Centre, Langley, BC
March 23 – 26, 2017

Thursday, March 23, 2017				
Start	End	Event	Team	Team
10:00AM	11:00AM	Registration		
11:00AM	12:00PM	Parent and Goalie Presentation		
12:00PM	1:00PM	Power Skating	Red 1	Blue 2
1:15PM	2:15PM	Power Skating	White 1	Red 2
1:20PM	2:20PM	Fitness Presentation	Red 1	Blue 2
2:30PM	3:30PM	Power Skating	Blue 1	Grey 1
2:35PM	3:35PM	Fitness Presentation	White 1	Red 2
3:45PM	4:45PM	Fitness Presentation	Blue 1	Grey 1
4:00PM	5:00PM	Goalie Evaluation 1		
5:00PM	6:00PM	Fitness Presentation	Yellow	Grey 2
5:15PM	6:15PM	Goalie Evaluation 2		
6:15PM	7:15PM	Fitness Presentation	Green	White 2
6:30PM	7:30PM	Power Skating	Yellow	Grey 2
7:45PM	8:45PM	Power Skating	Green	White 2
Friday, March 24, 2017				
10:00AM	11:00AM	Practice	Red 1	Blue 2
11:15AM	12:15PM	Practice	White 1	Red 2
12:30PM	1:30PM	Practice	Blue 1	Grey 1
1:45PM	2:45PM	Practice	Yellow	Grey 2
3:00PM	4:00PM	Practice	Green	White 2
4:15PM	5:45PM	Game #1	Red 1	White 1
6:00PM	7:30PM	Game #2	Blue 1	Grey 1
7:45PM	9:15PM	Game #3	Yellow	Blue 2
Saturday, March 25, 2017				
9:00AM	10:30AM	Game #4	Green	Red 2
10:45AM	12:15PM	Game #5	White 2	Grey 2
12:30PM	2:00PM	Game #6	Red 1	Blue 1
2:15PM	3:45PM	Game #7	Grey 1	Yellow
4:00PM	5:30PM	Game #8	Blue 2	White 1
5:45PM	7:15PM	Game #9	Green	White 2
7:30PM	9:00PM	Game #10	Red 2	Grey 2
Sunday, March 26, 2017				
8:00AM	9:30AM	Game #11	Yellow	Red 1
9:45AM	11:15AM	Game #12	White 1	Grey 1
11:30AM	1:00PM	Game #13	Blue 1	Green
1:15PM	2:45PM	Game #14	Red 2	White 2
3:00PM	4:30PM	Game #15	Grey 2	Blue 2

