



2017 MALE U16 REGIONAL CAMP

Okanagan Hockey Training Centre, Penticton, BC
March 29 - 31, 2017

Wednesday, March 29, 2017

Start	End	Event	Team	Team
8:15AM	8:45AM	Goalie Registration		
9:30AM	10:45AM	Goalie Session		
11:15AM	12:15PM	Goalie Interviews		
11:15AM	12:00PM	Player Registration		
12:15PM	1:00PM	Player and Parent Presentation		
1:30PM	2:30PM	Dryland Training	Team Grey	Team Green
2:00PM	3:00PM	Practice	Team Red	Team Yellow
3:15PM	4:15PM	Dryland Training	Team Red	Team Yellow
3:15PM	4:15PM	Practice	Team Grey	Team Green

Thursday, March 30, 2017

7:00AM	8:00AM	Power Skating	Team Red	Team Yellow
8:15AM	9:15AM	Power Skating	Team Grey	Team Green
9:30AM	10:45AM	Game #1	Team Red	Team Yellow
11:00AM	12:15PM	Game #2	Team Grey	Team Green
12:30PM	1:30PM	Lunch		
2:00PM	3:15PM	Game #3	Team Red	Team Green
3:30PM	4:45PM	Game #4	Team Grey	Team Yellow

Friday, March 31, 2017

9:00AM	10:30AM	Game #5	Team Grey	Team Red
11:00AM	12:30PM	Game #6	Team Yellow	Team Green

Dryland Training will take place at the Okanagan Hockey Academy (OHA) gym.

Games will be four (4) 15 minute running time periods.

Penticton Vees practice 12:30 – 1:30PM at South Okanagan Events Centre, March 28 – 29, 2017.

