

Performance Enhancement Teams

Coaches	Region	Address	Cell	Home/office	E-mail address
Goalie Coach					
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Sean Muray	LMD		604-375-9745		vangiantsgc@gmail.com
Strength & Conditiong	Region	Address	Cell	Home/office	E-mail address
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Mark St. Jules	Island		250-338-5552		www.StabilizerTraining.com
John Colvin	Okanagan			250-938-1970	jc@jccolvin.com
Greg Kozoris	Kamloops		250-320-5699	250-377-0808	kozorstrength@shaw.ca
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Dusan Benickey	N.Vancouver			604-339-1441	dbenicky@hockeyperformancecentre.com
Marina Watson	Richmond			604-880-7663	primefitness@dccnet.com
Kelly Beard	Fort St. John			604-262-8178	kellybeard11@yahoo.ca
Carla McConnell	Smithers				bodyzbydeziqn@bulkley.net
Lara Collingwood	Smithers			250-847-6672	On maternity leave
Kevin Nowotnick	Cranbrook			250-489-4211	synergys@telus.net
Jeff Compton	Victoria				jcompton_2000@yahoo.ca
Jeff Compton	Victoria				www.comptonsporttrainingsystems.com
Sarah Seeds	Courtney			250-338-8998	elmhealth@shaw.ca
Carmen Bott	Vancouver			604-908-1321	carmen@humanmotion.ca
Doneau Menard	Maple Ridge			604-805-1996	hardcorehockey@shaw.ca
Cheryl Lees	Maple Ridge				cheryl_lees21@hotmail.com
Nicole Roberts	Langley			604-888-4744	fitfreak160@hotmail.com
Trainers	Region	Address	Cell	Home/office	E-mail address
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Cyrus Huang	Vancouver		604-992-2092		cyrushuang@hotmail.com

Power Skating Coach	Region	Address	Cell	Home/office	E-mail address
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Jeff Compton					www.heatonline.info
Nutritionist	Region	Address	Cell	Home/office	E-mail address
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Nicole Mireau	Vancouver		604-228-4269		nmireau@hotmail.com
Jennifer Gibson			604-730-7256		JGibson@SportMedBC.com
Sport Pyschologist	Region	Address	Cell	Home/office	E-mail address
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Dave Freeze	Kamloops		250-314-1486		dave@riplerockconsulting.com
John Hogg	Salmon Arm				
Steve Kamps	Cranbrook				Kamps-kamps@cotr.bc.ca
Athletic Therapist	Region	Address	Cell	Home/office	E-mail address