



PRINCE GEORGE FEMALE MIDGET COUGARS ZONE AAA PLAYER REGISTRATION – 2010-2011 SEASON

Player Information

Name (first) _____
Birth Date _____
Phone _____
E-Mail _____
Height _____
MHA _____

Name (last) _____
Address _____
City _____
Postal Code _____
Weight _____
Parent Signature _____

Preferred Position:

Forward _____
Defense _____
Goalie _____

Secondary Position:

Forward _____
Defense _____
Goalie _____

Does BC Hockey have permission to circulate your contact information upon request to selected leagues and teams? (circle one) **Yes** **No**

Medical Information

BC Care Card # _____
Doctor _____
Doctor Phone _____
Dentist _____
Dentist Phone _____
Medical Insurance # _____
Group Health # _____

Hospitalized in the last year?	Yes	No	Presently Injured?	Yes	No
Injuries requiring medical attention?	Yes	No	Wears dental appliances?	Yes	No
Ill longer than one week in the past year?	Yes	No	Wears contact lenses?	Yes	No
Allergies to medication etc.?	Yes	No	Asthmatic?	Yes	No
Trouble breathing during exercise?	Yes	No	Diabetic?	Yes	No
Fainting during exercise?	Yes	No	Epileptic?	Yes	No
Difficulty hearing?	Yes	No	Heart condition?	Yes	No
Interfering health problems?	Yes	No	Learning disability?	Yes	No
Medic alert bracelet?	Yes	No	Wears glasses?	Yes	No
History of concussions?	Yes	No	Taking medication?	Yes	No
Surgery in the past year?	Yes	No			

If you selected **YES** to any of the above, please explain below:

Emergency Contact

Name _____
Address _____
City _____

Phone _____
Relationship to player _____



The Prince George Female Midget Cougars would like to invite you to this years' Female Midget AAA Selection Camp. The focus of the camp will be on the selection of the 2010/2011 roster for the Female Midget Zone team and will include high performance conditioning and dry-land training. The camp is open to all female 93, 94 and 95 born players.

The camp is scheduled to take place August 14th & 15th at the Prince George Coliseum. All players attending the camp must complete the following:

- 1) Register with your local minor hockey association; players must be registered with BC Hockey to participate in the camp.
- 2) Complete the Permission to Skate form signed by your local minor hockey association and bring to registration on August 14th.
- 3) Complete the Prince George Female Cougars Player Camp Registration form and submit with payment of \$100 by July 31st

Schedule

Saturday August 14th

07:00 – 08:00 Registration
08:00 – 08:30 Introduction
09:00 – 10:15 Practice – Team #1
10:15 – 10:45 Flood
10:45 – 12:00 Practice – Team #2
13:00 – 14:30 Fitness Testing – Prince George YMCA
16:00 – 17:00 Goalie Session
17:30 – 19:00 Game

Sunday August 15th

09:00 – 11:00 Game
11:30 – 12:30 Player Interviews

Players selected to the team will be required to register with the Prince George Minor Hockey Association and pay all relevant registration fees by August 21st including:

Registration fee \$ 420
Carding fee \$ 150

Submit registrations by fax (credit card) 250-563-0318 or by mail to:
Prince George Minor Hockey Association
PO Box 2242
Prince George, BC V2N 2J8

For more information contact Dawn at 250-961-7611 or Jason at 250-640-7283