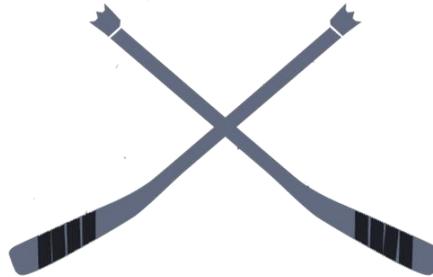


# GET IN THE GAME!

Welcome to an exciting new offering from BC Hockey. The sport itself was created to allow players who can't skate, due to a disability, the opportunity to play. Since then many players, both with a disability and able bodied, have discovered what a great sport it is. Our hope is that through the use of BC Hockey Sledges and subsequent programming we can generate a Provincial interest and commitment to Sledge Hockey.

*BC Hockey has an equipment lending program for sledge hockey. Please contact us for more information.*

# INTERESTED IN TRYING SLEDGE HOCKEY?



## SLEDGE HOCKEY...

# GET IN THE GAME!

## WHO CAN PLAY?

Sledge Hockey in BC and the Yukon is open to male and female able bodied and disabled players of all ages. Only in Paralympics and World Championship competitions governed by the IPC do the rules prohibit able-bodied players.

So in BC and the Yukon, everyone can play!

## CONTACT US:

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# GET IN THE GAME!

BC HOCKEY'S EQUIPMENT PROGRAM CAN BRING THE GAME TO YOUR COMMUNITY.

## HISTORY

The game itself was invented in 1961 by three Swedish wheelchair athletes who wanted to participate in a sport with the same rules as hockey. The sport grew exponentially in Europe but did not take off in Canada until 1993 with the creation of the Sledge Hockey of Canada organization which was under government mandate to coordinate and develop the sport in Canada. In 2004, the Sledge Hockey of Canada organization dissolved and the sport was fully integrated into Hockey Canada's programming.

## INTERNATIONAL COMPETITION

Since Sledge Hockey became a Paralympic sport in 1994, Team Canada has captured 4 medals including gold in 2006. Canada has also had some success in other international sledge tournaments, winning numerous gold medals.

## NATIONAL COMPETITION

To date, there is no National Championship for sledge hockey. Some Provinces/Territories have better developed programs than others. There are some communities with strong programs and others with no program. One of the objectives of this program is to encourage the development of more Sledge Hockey programs, leading to better athlete development.

## EQUIPMENT

*BC Hockey has an equipment lending program for sledge hockey. Please contact us ([info@bchockey.net](mailto:info@bchockey.net)) for more information.*

## SLEDGE

The frame is made of aluminum or steel attached to a plastic 'bucket', which can be modified depending on the player. The frame is set on two standard hockey skate blades. Players often start playing with the blades further apart and move them closer together as their ability level increases. The height of the main frame must allow for the puck to pass underneath the sledge. Straps secure the player's feet, knees and hips to the sledge.



## STICKS

Sticks have a blade for puck handling and shooting at one end and metal picks for propulsion at the other.



## OTHER EQUIPMENT

Helmets, gloves, elbow pads, and shoulder pads are also worn.