



U16 ZONE CAMP SCHEDULE

Kootenay Zone U16 Female Zone Camp Information

Date: January 13-15, 2012
Location: Invermere, BC
Rink: Eddie Mountain Arena

Friday, January 13, 2012

6:00pm Registration at David Thompson Secondary School (1535 14 St, Invermere)
6:30pm Camp Presentation
7:00pm Fitness Testing

Saturday January 14, 2012

8:30 - 10am Group #1 Ice session
10:15-11:45am Group #2 Ice session
5pm – 6pm Goalie Session
6:30-8:30pm Intersquad Game #1

Sunday January 15, 2012

8:30-10:30pm Intersquad Game #2
11:15am Parent \ Player Wrap up meeting
11:30am Exit interviews

Players will be assigned a team upon registration.
Schedule may be adjusted dependent on registration numbers.
Athletes need to bring appropriate attire for fitness testing including a second pair of runners for indoors.

Questions/Concerns:

Female High Performance – Kootenay District Coordinator
Jay Elliot
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