



U16 ZONE CAMP SCHEDULE

Thompson Okanagan Zone U16 Female Zone Camp Information

Date: January 7 & 8, 2012
Location: Clearwater, BC
Rink: North Thompson Sportsplex

Saturday January 7, 2012

10:15am Camp Registration
10:30 Program Introduction
12:00pm Group #1 Ice session / Group #2 Fitness testing
1:30 Group #2 Ice session / Group#1 Fitness testing
5:00 – 7:15pm Team 1 vs. Team 2

Sunday January 8, 2012

8:00 – 9:00 am Goaltender session
9:00 – 11:30 Team 1 vs. Team 2
12:15 pm Parent \ Player Wrap up meeting
12:30 Exit interviews

Players will be assigned a team upon registration.
Schedule may be adjusted dependent on registration numbers.
Athletes need to bring appropriate attire for fitness testing including a second pair of runners for indoors.

Questions/Concerns:
Thompson-Okanagan District Coordinator
Chris Wagner
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