



## 2017 FEMALE U16 IDENTIFICATION CAMP

Shaw Centre • Salmon Arm, BC  
April 6 – 9, 2017

### Thursday, April 6, 2017

Start	End	Event	Team	Team
9:00AM	9:30AM	Registration		
9:45AM	10:15AM	Player Meeting		
10:15AM	10:45PM	Parent Meeting		
10:45AM	1:45PM	Fitness Testing		
2:00PM	2:45PM	Strength and Conditioning	Monarchs	Waves
3:30PM	4:45PM	On Ice Skill Session	Monarchs	
4:00PM	4:45PM	Strength and Conditioning	Lightning	Hawks
5:00PM	6:15PM	On Ice Skill Session	Waves	
6:30PM	7:45PM	On Ice Skill Session	Lightning	
8:00PM	9:15PM	On Ice Skill Session	Hawks	

### Friday, April 7, 2017

8:00AM	9:15AM	On Ice Skill Session	Waves	
9:30AM	10:45AM	On Ice Skill Session	Monarchs	
11:00AM	12:15PM	On Ice Skill Session	Hawks	
12:30PM	1:45PM	On Ice Skill Session	Lightning	
2:30PM	3:30PM	Goalie Session		
2:45PM	3:45PM	Off Ice Skill Session	Monarchs	Waves
4:15PM	5:15PM	Off Ice Skill Session + Goaltenders	Lightning	Hawks
6:00PM	8:00PM	Game #1	Monarchs	Waves
8:15PM	10:15PM	Game #2	Lightning	Hawks

### Saturday, April 8, 2017

8:00AM	9:15AM	On Ice Skill Session	Monarchs	
9:30AM	10:45AM	On Ice Skill Session	Hawks	
11:00AM	12:15PM	On Ice Skill Session	Lightning	
12:30PM	1:45PM	On Ice Skill Session	Waves	
8:30AM	1:30PM	Strength and Conditioning	All Teams – Various Times	
2:00PM	3:00PM	Goalie Session		
5:30PM	7:30PM	Game #3	Lightning	Waves
7:45PM	9:45PM	Game #4	Monarchs	Hawks

### Sunday, April 9, 2017

8:00AM	10:00AM	Game #5	Monarchs	Lightning
10:15AM	12:15PM	Game #6	Waves	Hawks

Athletes are allowed to leave immediately following their final game.

Schedule is subject to change. Roster information will be sent closer to the date of event but changes may be made. Finalized rosters will be confirmed at registration.

